



## EGD/ERCP/Paracentesis Procedure Instructions

Patient Check-In Time \_\_\_\_\_ Patient Procedure Date \_\_\_\_\_

### Location where your procedure will take place:

- Your G.I.Center in Lake Jackson, 109 Parking Way, 77566  
\*If you need to cancel or reschedule your procedure, please call 979-292-0033
- BRAZOSPORT HOSPITAL 100 MEDICAL DR, LAKE JACKSON 77566
- PEARLAND MEDICAL CENTER 11100 SHADOWCREEK PARKWAY PEARLAND, TX 77584
- PEARLAND SURGERY CENTER 15015 KIRBY DR, SUTE 100 PEARLAND, TX 77047
- \*If you need to cancel or reschedule your procedure, please call 979-292-0033

### Checking In:

Your check-in time is **NOT** your procedure time. It is merely the time we wish for you to begin the check-in process. Please sign in at the front window.

Plan on being here for approximately 4 hours (for the entire process from checking in to being discharged). There are many factors that affect this, so your ride will need to be flexible in their ability to pick you up when needed. Please have the phone number of your ride available for us.

### Cancellation Policy:

Our office requires a 72 hour notice to cancel or reschedule your appointment. If we are not given 72 hours advance notice, a \$200 cancellation fee will be billed to you.

If you need to cancel or reschedule your procedure, please call the facility your procedure is scheduled to take place at.

### Food/Drink:

**DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT EXCEPT FOR** medications approved on back page, and except for prep if having a colonoscopy. No ice, liquids, gum, mints, toothpicks, chewing or smoking tobacco, etc. This is a safety issue with being sedated.

### Transportation:

You MUST have a ride to and from your procedure. You will be sedated for your procedure and will not be able to drive for 12 hours. It is critical that you give us an accurate phone number for your ride so that we may contact them when/if necessary. Please advise your ride to answer their phone from unknown numbers on your procedure day as we may be attempting to call them. If you do not have a ride in a timely manner, a cab may be called for you at YOUR expense at the discretion of our physicians or Nurse Manager.

### Medications:

**w w w . y o u r g i c e n t e r . c o m**

Houston  
12951 South Freeway  
Houston, TX 77047  
713-436-8171

Lake Jackson  
109 Parking Way  
Lake Jackson, TX 77566  
979-292-0033

Bay City  
720 Avenue F North  
Bay City, TX 77414  
979-292-0033



[www.yourgicenter.com](http://www.yourgicenter.com)  
facebook.com/yourgicenter  
Email: hello@yourgicenter.com  
Toll free: 888-292-0010  
Fax: 979-292-0488

**Blood Thinners:** Prescription blood thinners **MUST** be stopped prior to the procedure (Aspirin is okay to take unless specifically instructed otherwise):

- Coumadin, Warfarin, Plavix: must be stopped 5 days prior to procedure.
- Xarelto, Aggrenox, Eliquis, Pradaxa: must be stopped 2 days prior to procedure.

**Diabetic Medications:** Do NOT take any diabetic medications (pills or injections) on the morning of your procedure.

**Weight Loss Medications:** If you take PHENTERMINE or any other WEIGHT LOSS MEDICATION, you must be off of it for TWO WEEKS prior to your procedure. There are side effects with Propofol.

**\*\*ALL OTHER MEDICATIONS CAN BE TAKEN WITH A SMALL SIP OF WATER\*\***

**PLEASE TAKE ALL MEDICATIONS FOR:** blood pressure, heart arrhythmias, seizures, mental/emotional disorders, asthma/COPD the morning of your procedure with a small sip of water.

If you use a nebulizer, please do a breathing treatment prior to your arrival.  
If you use an inhaler, feel free to use it and bring with you to your procedure.

**Dialysis Patients:** If you are on DIALYSIS, you **MUST** have lab work (potassium level) drawn within 24 hours of your procedure. If you do not have an order, please contact us for one.

**Results:**

Your results will be discussed with you and/or your ride if you allow. This will be a brief overview of what was observed and performed during your procedure along with any further tests you need to have performed. A more detailed explanation and results of any biopsies will be discussed at your follow up appointment.

**w w w . y o u r g i c e n t e r . c o m**

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